

# A user guide to working with

Help your team gel by sharing the ways to get the best out of each other.  
Use as input into your favourite project kick off process – The Canvas provides a great framework.

**I do my best work when...**  
In what conditions do you achieve „flow“ (where, when, how)?

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**I've got some stuff going on...**  
Was habe ich gelernt? Was habe ich mitgenommen?

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**I respond well to...**  
Behaviors that help you achieve your best

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**Project goals**  
What do you want to get out of this project?

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**I don't respond well to...**  
Behaviors that inhibit you from achieving your best

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**People say I'm good at**  
Strengths you bring to a team

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**I know I need to work on...**  
Weakness you want to develop

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